

The therapeutic family yard at Moshav Zeitan

Target audience: Children with special needs, developmental disorders or learning difficulties.

Goals of the project: building a family space for families with special children visiting the therapy center.

Project budget:
NIS 2 million

Background

Families of children with special needs cope with complex problems and also need space for therapy, respite, calm and growth themselves. A place to take a break from the pace of everyday life and recenter themselves.

Waiting times outside children's therapy rooms are often inadequately utilized. Most parents take advantage of this time to use their smartphones, work on a computer or take a quick break.

The need

This project will allow families (parents and siblings) to use the waiting times to recharge and have family quality time.

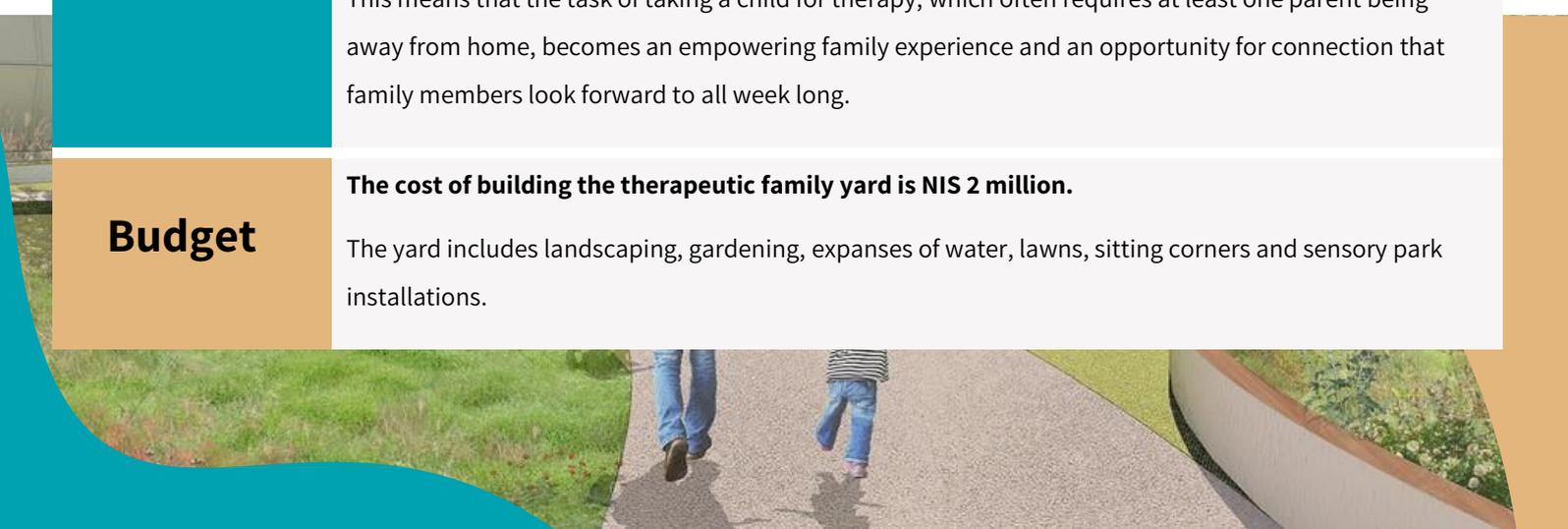
The therapeutic family yard is a paradise where families can escape from everyday stresses and immerse themselves in nature. It offers a range of therapeutic elements, such as sensory gardens, calming ponds, and quiet corners for reflection. These elements have been carefully designed to form a soothing atmosphere that encourages calm and tranquility.

This means that the task of taking a child for therapy, which often requires at least one parent being away from home, becomes an empowering family experience and an opportunity for connection that family members look forward to all week long.

Budget

The cost of building the therapeutic family yard is NIS 2 million.

The yard includes landscaping, gardening, expanses of water, lawns, sitting corners and sensory park installations.



Moshav Zeitan **Paramedical Therapy Center**

The target audience: children and teenagers with disabilities, behavioral disorders, attention and concentration difficulties, anxiety, and self-confidence problems.

The goals of the project: constructing a therapy building with 15 therapy clinics that will serve 3,000 children and teenagers each month.

Project budget: NIS 3.5 million

Background

The Regesh Center is a center for providing paramedical therapy and emotional therapy for children and teenagers with special needs and disabilities. The center was established in 2010 in Beit Dagan, in the center of the country, and now has two other branches in Petach Tikva as well as a therapeutic horse ranch in Moshav Tzafria.

The goal of the center is to make the necessary treatments accessible in one place, with professional staff, and at a price affordable by all. Therapy sessions are subsidized significantly through the three leading healthcare organizations: Clalit, Meuhedet and Maccabi.

In 2022, the therapy centers provided nearly 40,000 (!) different therapy sessions. The Regesh Center is Israel's largest center serving as a one-stop shop for a wide range of different therapy types.

The need

With the success of the center, demand for therapy sessions increases each year, resulting in long waiting lists. The rate of children who have been diagnosed has also increased considerably in recent years, particularly in the autism field. Waiting lists have gotten much longer, and the premises are no longer sufficient to accommodate all the therapy sessions needed to satisfy the demand.

To this end, the organization has leased a 12,000 m² complex in Moshav Zeitan in the center of the country, near socially disadvantaged towns such as Ramla, Lod and others. This is a quiet, rural location, ideal for a therapy center.

Two therapy buildings of 360 m² total floor space are due to be built in the complex, containing 15 therapy clinics and an administration block, a therapy animal corner spanning 350 m² with 8 therapy units and a hydrotherapy pool that will provide care for 4,000 patients each month.

Budget

The cost of building the complexes is NIS 3.5 million.

We are raising donations and budgets to construct the therapy buildings. The routine maintenance budget for the site will be based on income from the healthcare organizations and the National Insurance Institute, as has been the practice to date, without any fundraising necessary.





Animal Therapy Center

Moshav Zeitan

The target audience: children and teenagers with disabilities, behavioral disorders, attention and concentration difficulties, anxiety, and self-confidence issues.

Goals of the project: building an animal therapy center aimed at increasing capacity for children to receive this type of care.

Project budget:
NIS 1.8 million

Background

Animal therapy is a therapeutic approach that involves animals in the therapy process for improving patients' mental, emotional and physical wellbeing. Children with special needs, developmental disorders or learning difficulties may benefit greatly from animal therapy.

Interacting with animals can improve social skills, encourage empathy and compassion and improve communication abilities. Animals may serve as unthreatening, supportive companions and help children build up confidence and self-esteem.

In 2022, our therapy centers provided close to 2,500 animal therapy sessions.

The need

Animal therapy needs a lot of space - both for housing animals, therapy grounds, and work areas such as a kitchen, storeroom and equipment room. The existing complex at the center in Beit Dagan has just 4 therapy units, greatly restricting its ability to care for the hundreds of children on the waiting list.

The organization's new complex in Moshav Zeitan will include a 350 m² animal therapy clinic, allowing the organization to **double** its current number of therapy units, thus doubling the number of therapy sessions provided to patients each year.

Budget

The cost of building the therapy center is NIS 1.8 million.

The center includes a passage to the housing for the animals themselves, an ecological fish pool, and an open-air wild animal complex as well as green spaces and sitting corners. The aim is to create a pleasant, rural atmosphere at the clinic as part of the therapeutic process.

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<https://special.org.il/programs/>

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ABOUT US

The Regesh Therapeutic Center, an emotional haven for children no matter their religious background, was founded to offer non-medical interventions for children facing special needs, emotional challenges, and learning difficulties.

Emphasizing emotional nurturing, Regesh acts as a nurturing environment, facilitating holistic development.

Featuring a Snoezelen room, music room, occupational therapy, therapeutic garden, remedial teaching, and a vibrant living area, Regesh provides a comprehensive range of supportive services.

Currently, thousands of children and adolescents, aged two to eighteen, receive care at Regesh, catering to diverse disabilities.

With a dedicated team of professionals, Regesh delivers over a thousand individual treatments monthly, ensuring tailored support for each child.

Speech Therapy

involves engaging in therapeutic activities, both at a table and in various spatial settings, often utilizing games.

The therapeutic objectives encompass language development, articulation, syntax refinement, and enhancing communication skills.

Occupational Therapy

The treatment is carried out through games at a table and in space. Therapeutic goals: fine motor skills, gross motor skills, the graphomotor domain (writing), organization, sensory regulation.

Therapeutic Horseback Riding

goals in the emotional, social, behavioral, family, self-image, self-confidence and empowerment through success experiences.

Goals in the motor area, shoulder girdle and posture. orientation in space.

Art Therapy

involves individualized treatment utilizing a diverse range of materials and techniques, emphasizing the creative process over the final products.

Therapeutic objectives encompass emotional, social, behavioral, and family-related goals, facilitating self-image enhancement, boosting self-confidence, and aiding in processing experiences.

Music Therapy

involves personalized sessions utilizing various musical instruments, with a focus on emotional expression through music.

Therapeutic objectives encompass emotional, social, behavioral, and family-related goals, fostering self-image enhancement, boosting self-confidence, and aiding in processing experiences.

Animal Therapy

involves one-on-one sessions in a special animal area, featuring a range of pets such as rabbits, voles, mice, gerbils, ferrets, parrots, turtles, lizards, snakes, dogs, and cats.

Therapeutic objectives include nurturing empathic abilities, addressing emotional, social, behavioral, and family-related goals, fostering self-image enhancement, boosting self-confidence, and aiding in processing experiences.

Snoezelen Therapy

involves individualized sessions in a room equipped with white mattresses and specialized lighting, designed to incorporate sensory accessories.

The therapeutic goals of the "enabling" room include encouraging patients to explore and learn within a multi-sensory environment. Additionally, the therapy addresses emotional, social, behavioral, and family-related objectives, while also focusing on enhancing self-image, self-confidence, and processing experiences.

Therapeutic Swimming

entails individual hydrotherapy sessions, which can also be likened to personalized swimming lessons.

The therapeutic objectives encompass emotional, social, behavioral, and family-related goals, as well as focusing on enhancing self-image, self-confidence, and processing experiences.

Psychological Treatments

offer support and guidance to individuals in coping with challenges, aiding in the discovery and utilization of internal resources to enhance coping mechanisms.

These treatments foster a deeper understanding, promote self-awareness, and facilitate personal development and growth.

Therapeutic goals encompass emotional, social, behavioral, and family-related objectives, aiming to improve self-image, self-confidence, and the processing of experiences. Additionally, they address anxiety, particularly stemming from trauma, as a significant focus area.